

# The Great Chazy Treadmill and Running/Walking Challenge

Please use either email (ccrslap@chazy.org), website submission form, or drop off weekly progress information below to Laurie Parsons (Chazy Central Rural School, 609 Miner Farm Road, Chazy, NY 12921. Weekly tallies will be used to record group progress, as we try to cross the United States. A map detailing progress will be located outside CCRS Tech Office. **NAME:**

Long Term Goal	
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Date		Wii Pts	
Weekly Goal			
Achieve Goal	Y or N	Run Mileage	Walk Mileage
Other Workout Training Completed			

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Weekly Goal			
Achieve Goal	Y or N	Run Mileage	Walk Mileage
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